

Memo: 09 – 18

TO: All Senior Men's Clubs
FROM: Damien Bresic – General Manager
DATE: 9th February 2018
SUBJECT: Club Health and Wellness Pre-Season Cup Rules

- 1) All clubs will be required to enter both their first grade and reserve teams , there will be a first and reserve division with finals and prizemoney in both.
- 2) Players not registered at your club will be eligible to participate provided they were registered in My Football Club in 2017 and hold a valid FFA Number.
- 3) Players without a current FFA Number will be required to complete an "Intention to Trial" form to be eligible. Players awaiting ITC's will NOT be permitted to take the field until their ITC has arrived.
- 4) Club will be required to nominate 2 squads (A & B) and must have a minimum of 13 players.
- 5) To be eligible to play any finals games a player must have played more than 50% of the group games for the team he is to represent.
- 6) Unlimited interchange will be permitted in all games.
- 7) Once a play takes the field for one club he will be ineligible to represent another club in the preseason competition.
- 8) In the "First" division the winners of each group will host the quarter finals and FGC will determine where the "reserve" division games will be played.
- 9) The semi-finals and the final venue will be at the discretion of FGC

- 10) Any quarter or semi-final games that are drawn after 90 minutes will go directly into a penalty shoot out to determine the winner, in the Grand Final ONLY, if it is drawn after normal time then 15 minutes each way extra time will be played and then penalties if scores are still tied.
- 11) Clubs will be required to lodge a team list of each squad nominating a minimum of 13 players per team. Team lists to be emailed to foo@footballgc.com.au by 5.00pm Wednesday 14th February and any subsequent changes/additions must be lodge 24 hours before kick-off.
- 12) In the situation where clubs have PL and CL teams in the competition, player movement between the PL and CL squads will NOT be permitted.



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